

What is a skin prick test (SPT)/ allergy test?

Allergy testing is a way for us to assess different substances you could be allergic to. We use a small plastic device to prick the skin with an allergen extract. We then wait for 15 minutes and if there is an allergy, a small hive develops at the site of the test.

Does SPT Testing hurt?

You may feel experience mild brief discomfort while performing the test; it is similar to being poked by a toothpick. Some itchiness and swelling will occur at the site of the test if you are allergic.

Can I return to work/school after allergy testing?

Yes you can. The itchiness may persist for a few minute to a few hours.

Can I experience anaphylaxis with Skin Prick Testing?

Life-threatening reactions are very rare.

I have experienced a swelling at my SPT site after I left the office, is this a positive result?

Sometimes after we test you may experience a minor swelling 6-12hrs after your SPT. This is a late phase reaction or an irritant reaction and does not indicate an allergy.