

How do I book an appointment?

To book an appointment with an Allergist, you will require a referral from your family doctor, Specialist or walk-in doctor. Appointments arranged by these referrals are covered by MSP. If you do not have MSP coverage you can pay privately, please call office to discuss fee.

How do I prepare for my first appointment?

- STOP taking antihistamines (Allegra, Claritin, Reactine, Atarax, Aerius, Blexten, Rupall) one week BEFORE the appointment if possible (otherwise allergy testing may not be accurate). Any other antihistamines/decongestants, cold remedies, motion sickness medications, Zaditin or Benadryl 3 days prior to your appointment.

NOTE: patient may continue with all other types of medications.

- If you or your family member is not fluent in English it is mandatory for this person to bring a friend/family member that can facilitate communication.
- Please bring your CARECARD.
- Allow up to 1 1/2 HOURS for the visit
- Bring a written list of CURRENT MEDICATIONS

WHY DO YOU NEED TO KNOW WHAT MEDICATIONS I AM TAKING?

When you are scheduled for your appointment we ask you to bring a list of ALL medications that you are currently taking or you have completed in the previous three months including vitamins, herbal medications, naturopathic medications. If you are coming for drug allergy assessment please note the name, dates and amount of all relevant medications. This list can be obtained from your family physician or your pharmacist.

Please make special note of ALL topical steroids, inhalers and anti-histamine used previously. This information helps us to make better treatment decisions, prevents drug interactions and helps us to interpret our allergy tests.

- What are your missed appointment/cancellation policies?

Our office requires one week confirmation in advance, less than 48hrs notice of cancellation or re scheduling will result in a \$75 fee.

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